

Wellness Policy:

As required by law, the Board of Education establishes the following wellness policy for the Cannelton City School Corporation. Cannelton City Schools recognizes that good nutrition and regular physical activity affect the health and well-being of the students of this Corporation. Furthermore, research suggests that there is a positive correlation between a student's health and well-being and his/her ability to learn. Moreover, schools can play an important role in the development process by which students establish their health and nutrition habits, and promoting increased physical activity both in and out of school. Cannelton City Schools, however, believes this effort to support the students' development of healthy behaviors and habits with regard to eating and exercise cannot be accomplished by the school alone. It will be necessary for not only the staff, but also parents and the public at large to be involved in a community-wide effort to promote, support, and model such healthy behaviors and habits.